

Dorset Primary Leader's Association
(soon to be Wessex Association of Leaders in Education)

Spring Conference 7th/8th March 2019

at



Resilient Leaders

Residential arrival Thursday 7th March - dinner at 8pm

Friday 8th March

09:00 – 12:30 **Stephanie Davies, Associate of Independent Thinking Ltd**

www.independentthinking.co.uk

10:30 – 11:00 break/exhibitors 12:30 – 13:30 Lunch/exhibitors 15:00-15:30 tea/exhibitors

13:30 – 15:00 **Drew Povey**

15:30 – 16:30 **Tim Hollingbery, Consultant Clinical Psychologist,**

Non-DPLA/WALE Members

Day Delegates

£120.00 per day

To book a place—

<https://goo.gl/forms/jkaMLhlBXrdBrs2h2>



Stephanie Davies

<https://www.independentthinking.co.uk/associates/stephanie-davies/>

Company founder and CEO, Stephanie has developed Laughology into the nations most talked about training and development provider. She has worked on innovative projects and events in the private and public sector.

A half day interactive, fun and informative presentation to help individuals understand further how to improve resilience and positive mind-set in an ever increasing challenging role. It will be delivered in an engaging and entertaining way, with time built in for leaders to really understand how to implement strategies within their everyday practice and encourage resilience in others

The session will cover:

1. The neuroscience of decision making and behaviours
2. An understanding of how to manage emotions for greater rational thinking - using FLIP it thinking as a cognitive tool
3. Humour as a tool for processing information, emotional intelligence and winning through challenges
4. How to increase your mental agility for flexible, positive thinking and pro-active behaviours
5. To understand how to develop healthier habits to enhance well-being and positive mind-set



Drew Povey

www.drewpovey.co.uk

Drew Povey has been observing, studying and researching leadership across a broad range of sectors for the past 10 years. The knowledge he has acquired has led him to developing a new leadership model to help people understand what leadership is, what leadership looks like in the current climate and how we can develop our own leadership quotient.

In this keynote, audiences will explore five of the key elements from Drew's leadership model that he uses with a range of sectors including Police, NHS, Elite sport, private business and Education. The aim of the session is to explore each area and give leaders time to reflect on their current context.

The session will be highly interactive whereby Heads will be given the opportunity to discuss and evaluate their own circumstances and increase their awareness in this leadership area.

Tim Hollingbery, Consultant Clinical Psychologist, DCC Headline support

The final session of the day will introduce you to Tim Hollingbery who provides the Headline support for DCC. He will offer expert advice on managing the challenges of school leadership, ensure you are aware of the support his service has to offer and some strategies for managing vexatious parents and social media issues. Members who have used his service, speak highly of the effectiveness of what he offers.